

<b>My Executive Skills Profile</b>	<b>Total Score on Section</b>
A. Organization (Keeping Things in Order)	
B. Time Management (Using Time Well)	
C. Planning/Prioritization (Planning Ahead)	
D. Response Inhibition (Think, Then Act)	
E. Flexibility (Going with the Flow)	
F. Emotional Control (Staying Cool)	
G. Metacognition (Stepping Back)	
H. Task Initiation (Getting Started)	
I. Sustained Attention (Staying Attentive)	
J. Goal-Directed Persistence (Sticking with It)	
K. Stress Tolerance (Dealing with Stress)	
L. Working Memory (Remembering)	

**My Executive Skill Strengths  
(Three highest scores)**

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**My Executive Skill Opportunities for Improvement  
(Three lowest scores)**

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